



### Who can participate?

- Ages 18-35 years old
- Have a concussion diagnosis from the previous 10 weeks
- English fluency

### What does it involve?

Participate in 4 virtual sessions (45 minutes each) with a member of study staff. The sessions will take place from the comfort of your own home, using secure live video.

Complete three sets of questionnaires online through a secure link about your emotional functioning and concussion symptoms.

You can receive up to \$90 for participating in the program and answering questionnaires.

***\*No costs, no medication, and no travel***

Mass General Brigham IRB

APPROVAL EFFECTIVE DATE

8/11/2023

# *Have you recently sustained a concussion?*

## ONLINE MASSACHUSETTS GENERAL HOSPITAL STUDY

**Learn how to optimize your recovery following a concussion and help advance scientific research!**



**Want to learn more?**

**Scan the code below to be contacted by study staff**



**OR**

**Email the Study Coordinator, Nadine Levey, and the Study PI, Dr. Jonathan Greenberg at [MGHConcussionToolkit@partners.org](mailto:MGHConcussionToolkit@partners.org).**