

Sources

- <https://www.concussionalliance.org/medication>
- Dr. Sandel's book *Shaken Brain* was instrumental in accumulating information about medications.
- Ashina2005_Article_PathophysiologyOfTension-typeH.pdf (tension section)
- https://www.physio-pedia.com/Cervicogenic_Headache (cervicogenic section)
- <https://www.netdoctor.co.uk/medicines/brain-nervous-system/a7663/topamax-topiramate/>
- <https://headaches.org/2007/11/19/facts-about-triptans/>
- <https://thejournalofheadacheandpain.biomedcentral.com/articles/10.1186/s10194-020-01131-4> (tmj)
- https://commons.wikimedia.org/wiki/File:Brain_Drawing.svg (brain for diagrams)
- <https://headachejournal.onlinelibrary.wiley.com/doi/full/10.1111/head.13300> (migraine diagram)
- [https://www.thelancet.com/journals/lancet/article/PIIS1474-4422\(07\)70325-3/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS1474-4422(07)70325-3/fulltext) (tension diagram)
- <https://www.youtube.com/watch?v=ZAmhCiA0Eio> (cervicogenic diagram)
- <https://www.painfreenyc.com/occipital-neuralgia/> and <https://nevadapain.com/pain-conditions/head-and-neck/occipital-neuralgia/> (neuritic and neuralgic)
 - Specifically occipital neuralgia
- Dry needling link from Malayka:
https://slack-files.com/files-pri-safe/T01A45VQ9QX-F01JB99GZT3/va_dod_clinical_practice_guideline_for_the_management_of_concussion-mild_traumatic_brain_injury_.pdf?c=1609788177-d033dba463d29edf

Notes on image source for tension headache:

- <https://www.sciencedirect.com.ezproxy.carleton.edu/science/article/pii/S1474442207703253>
- The diagram is for chronic tension headache (CTTH). "The pathogenesis of TTH is multifactorial and varies between forms and individuals. Peripheral mechanisms (myofascial nociception) and central mechanisms (sensitization and inadequate endogenous pain control) are intermingled: the former predominate in infrequent and frequent TTH, whereas the latter predominate in CTTH."